

The Universe of Obligation | Organizer

Consider the following questions to identify Jess's universe of obligation.

Relationships

Which relationships are most important in Jess's life? How do you know?

Priorities

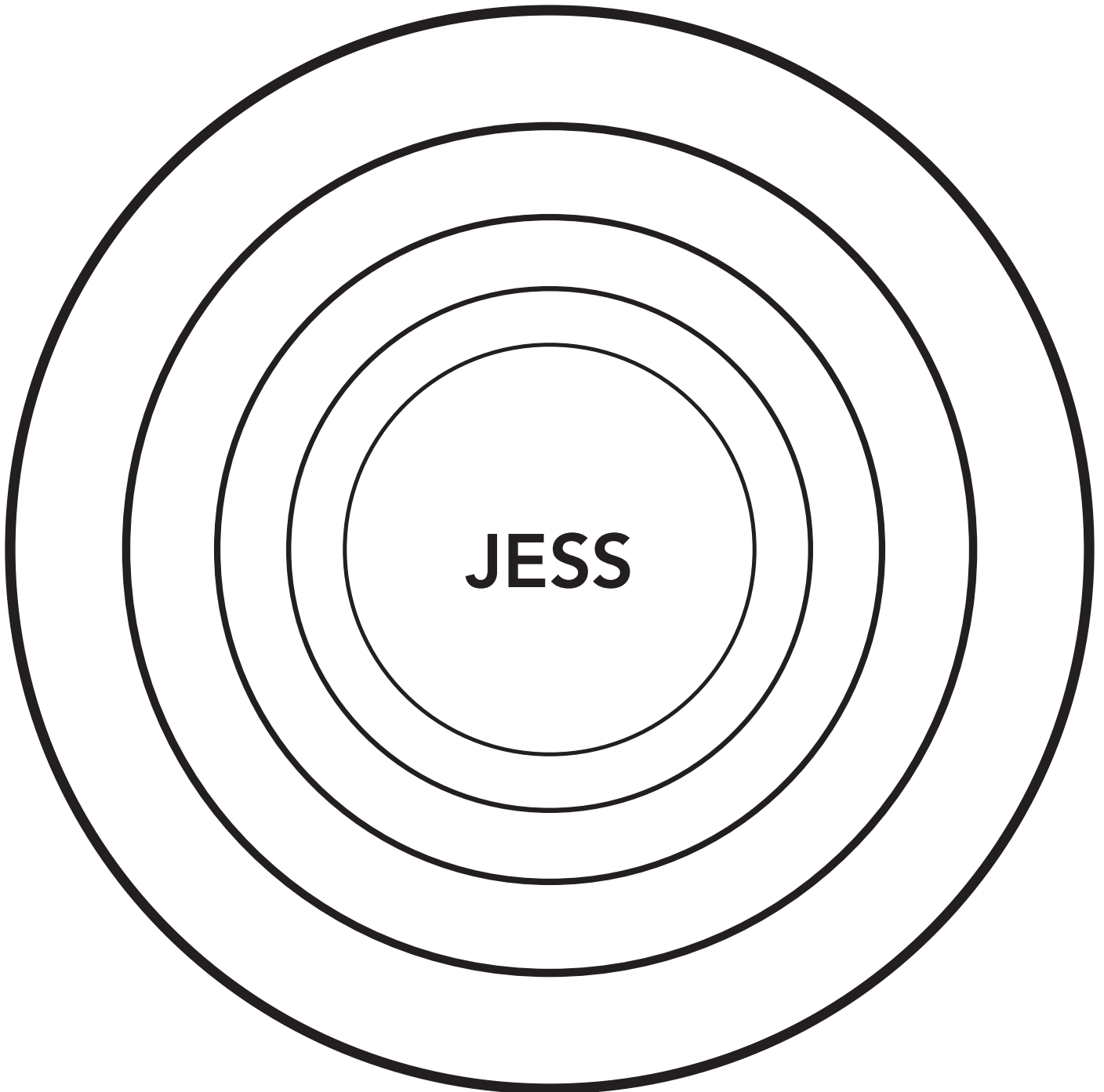
Of the relationships you listed, which are more important, and which are less important?
How do you know?

Obligations

Whom or what does Jess feel responsible for? Where do her obligations lie? To what extent do her obligations align with her relationships and priorities?

The Universe of Obligation | Chart

Using your responses to the previous questions, complete the chart below such that the most important relationships, priorities, and obligations are closer to the innermost circle.



The Universe of Obligation | Chart (CONTINUED)

After exploring Jess's universe of obligation, consider your own. Complete the chart below such that the most important relationships, priorities, and obligations are closer to the innermost circle.

